

香港中文大學  
未來城市研究所  
城市歷史、文化與媒體研究中心

**Centre of Urban History, Culture and Media  
Institute of Future Cities  
The Chinese University of Hong Kong**





## Multiculturalism in Action Project Online Handicraft Workshop

多元文化行動計劃  
線上手工藝工作坊

### 本格特頭飾工作坊

講者：克莉絲汀·卡伊特女士和陳凱欣小姐

### Benguet Headdress Workshop

講者: Ms. Cristina Cayat and Ms. Connie Chan

主持：譚少薇教授

Moderator: Prof. Maria Tam

2020.10.10





Hello 你好!

*Mabuhay!*

## Ms. Cristina Cayat 克莉絲汀 · 卡伊特女士

- A domestic worker in Hong Kong since 1995  
• 1995年起在香港從事家庭傭工工作
- Contributed for a Pilipino free newspaper called The SUN for around 10 years  
• 為菲律賓免費報紙《太陽報》投稿約十年
- One of the co-founders of a Filipino art collective called Guhit Kulay  
• 菲律賓藝術團體 Guhit Kulay 共同創始人之一
- Currently the program coordinator of the group  
• 目前是該團體的項目協調員
- Member of Kankanaey tribe, Benguet Province  
• 來自本格特省的卡卡那埃族人
- “Benguet people are most elusive tribe”  
• “本格特人是最難以捉摸的部落”

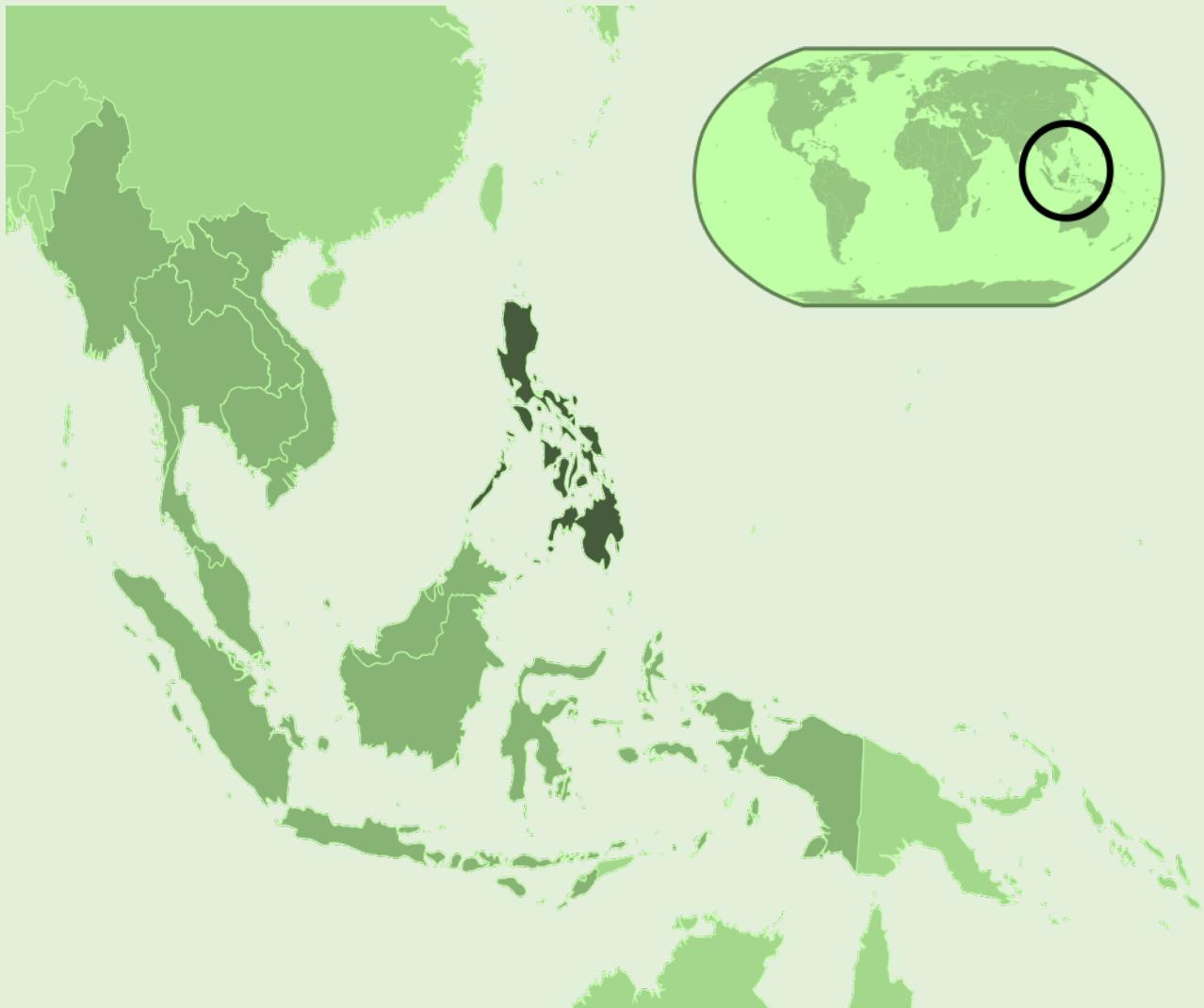


## Ms. Connie Chan 陳凱欣小姐

- B.A. in Anthropology, The Chinese University of Hong Kong
- 香港中文大學人類學學士
- Joined Multiculturalism in Action Project as a research assistant after graduation
- 畢業後加入多元文化行動計劃，成為研究助理
- Coordinated multiple intercultural activities including handicraft workshops and carnivals in public housing estates
- 協辦多個跨文化活動，包括手工藝工作坊和屋邨嘉年華



# The Philippines 菲律賓



- Consists of 7,641 islands
- 由7,641個島嶼組成
- 3 main geographical divisions from north to south: Luzon, Visayas, Mindanao
- 從南到北分為3區：呂宋島、米沙鄢群島和棉蘭老島
- Multiple ethnicities and cultures are found throughout the islands
- 群島上的種族與文化為數眾多



Various ethnic and linguistic groups  
多個族群和語言組群



## ETHNOGRAPHIC MAP

## 民族地圖



Rich cultural traditions and multiple layers of cultural identities  
豐富的文化傳統與多重身份認同

# The Igorot indigenous groups 伊戈羅特原住民

- Live in the mountains of Cordillera, northern Philippines
- 住在菲律賓北部的山脈區
- Famous for building rice terraces on mountain slopes
- 以在山坡上建造水稻梯田而聞名
- Include Bontoc, Ibaloi, Isneg, Kalinga and Kankanaey tribes
- 包括邦托克，伊巴洛伊，伊斯內克，卡林加和卡卡那埃部落
- Benguet Province is “Salad bowl of the Philippines” , produces rice, different vegetables and flowers
- 本格特省：“菲律賓的沙拉碗”，出產米，多種蔬菜、花卉



# The Kankanaey people

## 卡卡那埃族

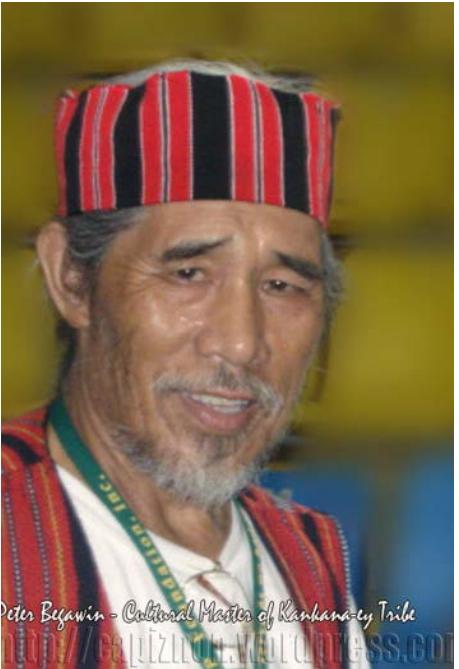
- Live in Luzon's western Mountain Province, northern Benguet Province, and southeastern Ilocos Sur.
- 居於呂宋島的高省西部，  
本格特省北部和  
伊洛克斯南的東南部。
- Population 362,833
- 人口 362,833



<http://capiznon.wordpress.com>

# Headdress of Kankanaey, Benguet

## 本格特省的 卡卡那埃頭飾



- ▶ Used in religious ritual to pray for harvest, and important dances such as eagle dance, wedding dance, courtship dance
- ▶ 用於祈求豐收的宗教儀式和重要舞蹈中（如：鷹舞、婚禮舞、求愛舞）
  
- ▶ Village head's headdress: woven head band with wooden statue and spectacular feathers
- ▶ 村長的頭飾：編織頭帶加上木製雕像和壯觀的羽毛
  
- ▶ Traditionally females do the weaving
- ▶ 傳統上由女性編織
  
- ▶ Important colors: Red, black and white
- ▶ 重要顏色：紅色，黑色和白色
  
- ▶ Decorated with feathers, beads, and flowers
- ▶ 用羽毛、珠子和花朵裝飾

# Preserving indigenous cultural heritage

## 保護原住民文化遺產

- Spanish and American colonization
- 西班牙和美國殖民化
- Westernization and globalization
- 西化與全球化



- To preserve and continue indigenous heritage, now there are programs to teach young generation and perform in cultural events
- 為保育及延續原住民文化遺產，現在設項目傳授給年輕一代，並在文化活動中演出

# In Hong Kong... 在香港...

Parade : District organizations with their representative produces

巡游：行政區組織與代表性農作物



Public welcome !  
歡迎公眾參與！

# *Let's make our headdress !* 我們來製作頭飾 !

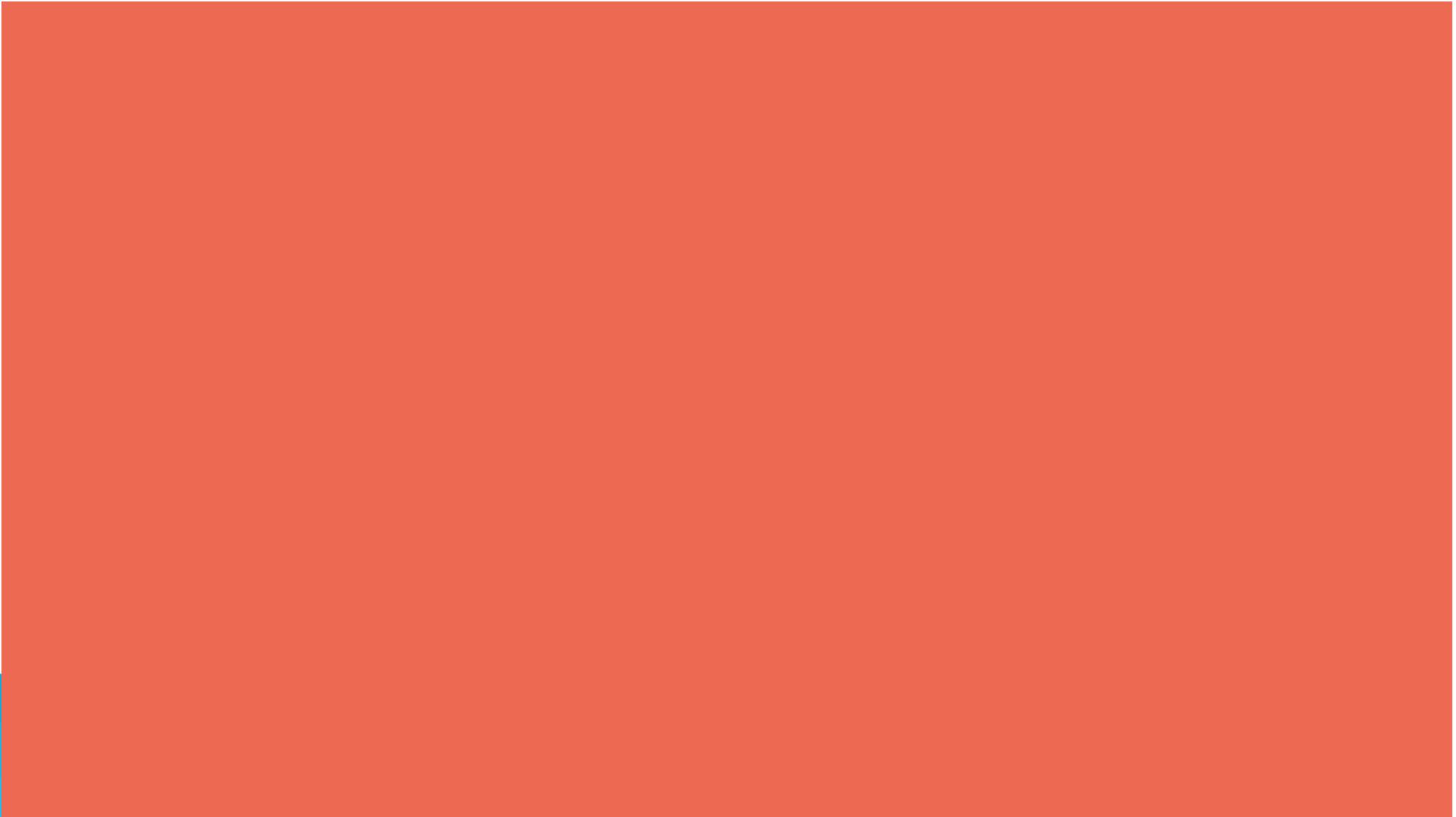
## Materials

1. Felt fabric: length of head circumference , width as preferred
2. Ribbons (white, red, and black): a little longer than head circumference
3. Extra red ribbon: long 2 pcs (25cm), short 2pcs (height of head band)
4. Feathers: your favorite colors
5. Double-sided tape
6. Scissors
7. Measuring tape
8. Needle
9. Red thread

## 材料

1. 絨輥布：長度為頭部的圓周，寬度自定
2. 絲帶（白色，紅色，和黑色）：比頭部圓周長一點
3. 額外的紅絲帶：長2條（各25厘米）、短2條（頭帶的高度）
4. 羽毛：個人喜歡的顏色
5. 雙面膠紙
6. 剪刀
7. 捲尺
8. 針
9. 紅線

## *Demonstration Video 1*



## Demonstration Video 2



# Steps 製作步驟





# Q & A

## 問答環節

**Next Workshop:  
Cameroon Canvas Workshop  
下一個工作坊：  
喀麥隆帆布工作坊**



**Speaker: Mr. Afritude Kaze  
Date: 24/10/2020 (Saturday)  
Time: 11:00 am- 12:00 pm  
Venue: Zoom**

**講者: Afritude Kaze先生  
日期: 2020年10月24日(星期六)  
時間: 上午11時至中午12時  
場地: Zoom**

# Tihar & Diwali

## November workshops





## YOUR TURN TO SHOW OFF YOUR CRAFT

At the **Virtual Handicraft Party 2020** on Dec 12 !!

To take part, email by Dec 5: photos of your handicraft from our workshops and a text of 50 words max (Chinese or English).

With the help of our speakers we will select and collate the works into a virtual exhibition. See what everyone has created, share our thoughts and feelings, and continue to build the MIA intercultural community.

***More details to come in our facebook page!***



快來展示你的手藝！

## 手工藝虛擬派對 2020 (12月12日)

12月5日之前，把參加MIA工作坊的手工藝照片連同最多50字（中英均可），電郵給我們。

工作坊講者會協助我們選出作品，組成虛擬展覽。來看大家的創作，分享所思所感，繼續壯大MIA跨文化社群。

更多資訊會陸續公佈，請留意MIA面書！



Website: <http://arts.cuhk.edu.hk/~ant/knowledge-transfer/multiculturalism-in-action/index.html>



Facebook: [https://www.facebook.com/MIACUHK/?epa=SEARCH\\_BOX](https://www.facebook.com/MIACUHK/?epa=SEARCH_BOX)

*Pa-a-lam!! Goodbye!! 再見!!*